

Parkinson's Disease Books

Books written by people living with Parkinson's disease or by Parkinson's disease carepartners/caregivers.

- *A Handbook for Life* by Richard London, iUniverse, 2010
- *A Life Shaken: My Encounter with Parkinson's Disease* by Joel Havemann, Stephen G. Reich (Foreword), 2004
- *A Soft Voice in a Noisy World: A Guide to Dealing and Healing with Parkinson's Disease* by Karl Robb. RobbWorks, 2012
- *Caring with Courage and Compassion* by Susan Hamburger. Parkinson Foundation of the National Capitol Area, 2010.
- *HOPE: Four Keys to a Better Quality of Life for Parkinson's People* by Hal Newsom. Mercer Island, WA: The Northwest Parkinson's Foundation, 2002.
- *Life in the Balance: A Physician's Memoir of Life, Love, and Loss with Parkinson's Disease and Dementia* by Thomas Graboy MD, Peter Zheutlin ; Union Square Press, 2008.
- *Living Well, Running Hard: Lessons Learned from Living with Parkinson's Disease* by John Ball. iUniverse.com, 2011.
- *Living Well with Parkinson's Disease: What Your Doctor Doesn't Tell You . . . that You Need to Know* by Michael J. Church and Gretchen Garie. HarperCollins Publishers, 2012.
- *Living with Lewy Body Dementia: One Caregiver's Personal, In-Depth Experience* by Judy Towne Jennings, WestBowPress, 2012.

- *Life with a Battery-Operated Brain: A Patient's Guide to Deep Brain Stimulation Surgery for Parkinson's Disease* by Jackie Hunt Christiensen. Minneapolis, MN.: Langdon Street Press, 2009.
- *The Peripatetic Pursuit of Parkinson Disease* by The Parkinsons Creative Collective, The Parkinsons Creative Collective, Inc.; 2013.
- *Saving Milly: Love, Politics, and Parkinson's Disease* by Morton Kondracke. New York, N.Y.: Ballantine Books, 2002.
- *SHAKIN' Not STIRRED: Finding Perseverance Through Parkinson's* by David Chedester, AuthorHouse; 2012.
- *Shuffle: A Way Forward, Whatever the Challenge* by Wendall Woodall; Highway 51 Publishing. 2014
- *Surviving Adversity: Living with Parkinson's Disease* by Gord Carley Surviving Adversity, 2007.
- *Take Charge of Parkinson's Disease: Dynamic Lifestyle Changes to Put YOU in the Driver's Seat (A DiaMedica Guide to Optimum Wellness)* by Anne Cutter Mikkelsen (Author), Carolyn Stinson (Contributor); DiaMedica, 2011.
- *Team Cul de Sac: Cartoonists Draw the Line at Parkinson's* by Chris Sparks (Editor); Andrews McMeel Publishing, 2012
- *The First Year—Parkinson's Disease: An Essential Guide for the Newly Diagnosed* by Jackie Hunt Christiensen. New York, N.Y.: Marlowe & Company, 2005.

- *Understanding Parkinson's Disease: A Personal and Professional View* by Richard B. Rosenbaum M.D. (Author); Praeger, 2006
- *What's Shakin': An Insider's Look at the Humorous Side of Parkinson's Disease* by John Brissette. IUniverse, 2007.
- *WINDOW OF OPPORTUNITY: Living with the reality of Parkinson's and the threat of dementia* by Kirk Hall; SmashWords, 2014.
- *Yoga and Parkinson's Disease: A Journey to Health and Healing* by Peggy Van Hulsteyn; Demos Health, 2013.
- *You Wake Me Each Morning: 2010 Edition* by Connie Lawn, iUniverse.com, 2010.

Children's books about Parkinson's

Either written by those living with Parkinson's or family members of those living with Parkinson's disease.

- *Carson and His Shaky Paws Grampa* by Kirk Hall; Innovo Publishing LLC; 2011
- *Carina and Her Care Partner Gramma* by Kirk Hall, Innovo Publishing LLC, 2013
- *I'll Hold Your Hand So You Won't Fall: A Child's Guide to Parkinson's Disease* by Rasheda Ali (Author); Merit Publishing Int'l, 2010
- *My Grandpa Has Parkinson's* by Margot Grant Evans; Vantage Press, 2006
- *My GrandPa's Shaky Hands* by Dr. Soania Mathur; CreateSpace Independent Publishing Platform, 2014
- *WHO IS PEE DEE? Explaining Parkinson's Disease To A Child* by Kay Mixson Jenkins. UCB, 2008

Medical professional/Allied Health Professional written books on Parkinson's disease

- *Alter Your Course: Parkinson's - The Early Years* (Movement & Neuroperformance Center Empowerment Series) (Volume 1) by Monique L Giroux MD (Author), Sierra M Farris PA-C (Author); CreateSpace, 2014
- *Ask the Doctor About Parkinson's Disease* by Michael S. Okun MD (Author), Hubert H. Fernandez MD (Author); Demos Health, 2009
- *DBS A Patient Guide to Deep Brain Stimulation* by Sierra M. Farris PA-C (Author), Monique L. Giroux MD (Author); CreateSpace Independent Publishing Platform, 2013
- *Delay the Disease: Exercise and PD* by David Zid, A.C.E., A.C.G. and Jackie Russell, R.N., B.S.N., C.N.O.R. David Zid, 2007.
- *Dementia with Lewy Bodies and Parkinson's Disease Dementia: Patient, Family, and Clinician Working Together for Better Outcomes* by J. Eric Ahlskog (Author); Oxford University Press, 2013
- *Eat Well, Stay Well With Parkinson's disease* by Kathrynne Holden (M.S., R.D.), Kathrynne; Five Star Living Inc, 1998
- *Every Victory Counts - Third Edition* by Monique Giroux MD and Sierra Farris, PA-C MPAS, Davis Phinney Foundation for Parkinson's, 2014.
- *Making the Connection Between Brain and Behavior: Coping with Parkinson's Disease Second Edition: Coping with Parkinson's Disease* by Joseph Friedman MD. New York, N.Y.: Demos Medical Publishing, 2013.

- *Navigating Life with Parkinson Disease* (Neurology Now Books by Sotirios Parashos (Author), Rose Wichmann (Author), Todd Melby (Contributor), Oxford University Press; 2012
- *Non-Motor Symptoms of Parkinson's Disease* by K. Ray Chaudhuri (Editor), Eduardo Tolosa (Editor), Anthony H. V. Schapira (Editor), Werner Poewe (Editor); Oxford University Press, 2014
- *Parkinson's Disease: A Complete Guide for Patients and Families*, (A Johns Hopkins Press Health Book) by William J. Weiner (Author), Lisa M. Shulman (Author), Anthony E. Lang (Author), The John's Hopkins University Press, 2013
- *Parkinson's Disease and the Art of Moving* by John Argue. New Harbinger Publications, 2000.
- *Parkinson's Disease For Dummies* by Michele Tagliati (Author), Gary Guten (Author), Jo Horne (Author); For Dummies, 2007
- *Parkinson's Treatment: 10 Secrets to a Happier Life: English Edition* by Michael S Okun MD, CreateSpace Independent Publishing Platform; 2013
- *The Parkinson's Disease Treatment Book: Partnering with Your Doctor to Get the Most from Your Medications* by J. Eric Ahlskog; Oxford University Press, 2005
- *What Your Doctor May Not Tell You about Parkinson's Disease: A Holistic Program for Optimal Wellness* by Jill Marjama-Lyons MD, Warner Books, 2003.